



# HADI FARAHANI

Full-time Ph.D. student, University of Eastern Finland, Social Work (Welfare, Health, and Management)



## PROFILE

My area of research involves "migration and its impacts on mental health and well-being of refugees and asylum-seekers" with a specific emphasis on Persian speaking refugees in Finland. I admire the bottom-up approach in the study of refugees to raise their voice in the Finnish context and improve public knowledge on the precarious situation of refugees in general. This innovative approach insists on emancipation of refugees.

My research area: Migration, mental health, well-being and quality of life of refugees and asylum-seeker

## EDUCATION

**2019-2023**

PhD., student, University of Eastern Finland, Social Work, Kuopio, Fi

**2016-2018**

M.A., Sociology, University of Tehran, IR

**2012-2016**

B.A., Sociology, University of Tehran, IR

## CONTACT



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## LINGUISTIC SKILLS

Mother tongue: Persian



•**2019**, Teacher Assistant at Annual International Social Work Seminars, University of Eastern Finland, 2019.

•**2016-2017**, Assistant researcher in international project of "Social determinants of mental health in urban life", Vietnam, Indonesia and Iran.

•**2021**, Organizer of the international online conference on "Co-creating Research for Informing Integration and Practice", The University of Eastern Finland.

## RESEARCH FUNDING

•**2021**, Fieldwork Grants for Doctoral Students, Foundation of the Finnish Institute in the Middle East.

•**2021**, Kuopion Welfare Research Centre, Grant for organizing an international conference on "Practice Research for Informing Integration and Practice".

•**2019**, EDUFI Fellowship (Scholarships for doctoral level students and young researchers), 12 months

•**2019**, Travel Grants of the Department of Social Sciences, University of Eastern Finland, for fieldwork in Finland, and summer school on "International migration studies in child youth and family welfare".

## AWARDS & HONORS

•Member of "Borders, Mobilities and Cultural Encounters Research Community, BOMOCULT RC.

•Iranian National Talents Foundation Award/ Scholarship

•Ranked 1 among M.A. Degree Students in Sociology Department, University of Tehran, Class of 2018, GPA: 3.89 out of 4 (Class GPA average: 3.15).

•Ranked 1 amongst B.A. Degree Students in Sociology department, University of Tehran. Class of 2016, GPA: 3.95 out of 4 (Class GPA average: 3.37).

•67th Place (Top 0.01%) in Iran's University Entrance Examination (Iranian Concours).

## SKILLS



## SCIENTIFIC & SOCIAL IMPACT OF RESEARCH

### PhD., related publications

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1. **2021** Farahani, H.; Joubert, N.; Anand, J.C.; Toikko, T.; Tavakol, M. A Systematic Review of the Protective and Risk Factors Influencing the Mental Health of Forced Migrants: Implications for Sustainable Intercultural Mental Health Practice. *Journal of Sustainability*, doi: 10.20944/preprints202104.0726.v1. **(Accepted)**
2. **2021** One size does not fit all: Narratives of the mental health and well-being of Afghan refugees in Finland, Farahani, H.; Joubert, N.; Anand, J.C.; Toikko, T.; Tavakol, M. *Journal of International Social Work*, **(manuscript will be ready to submit in July 2022)**

### International publications

1. **2021** Farahani, H.; Nekouei, M.L.M., Elyasi, L.G.; Tavakol, M. Lived experiences of stateless Afghan refugees in Iran: Narratives of resilience and trauma growth. *Journal of Comparative Studies*, 2021. **(Accepted)**
2. **2021** Golamrej Eliasi, L., Addelyan Rasi, H., Moula, A., & Farahani, H. Intervention-Based Puberty Education: A Study on Female Afghan Refugees' Tendency to Engage in High-Risk Behaviors in Iran. *Children and Youth Services Review Journal*. 2021. **(Accepted)**

### National Peer-Reviewed publications

1. **2019** Tavakol, Mohamad; Farahani, Hadi. Sociological study of mental disorder in two industrial cities: Saigon and it's passing comparison with Arak. *Islamic Perspective Journal of the Islamic Studies and Humanities*, Vol. 21, <http://iranianstudies.org/journals/islamic-perspective-journal-volume-21-spring-2019-has-been-published-by-lais-699> [English].
2. **2018** Farahani, Hadi; Tavakol, Mohamad. Sociological study of mental disorders in Saigon and its comparison with Arak. *Iranian Journal of Social Problems*, Vol. 9, No. 1. 2018. <https://dx.doi.org/10.22059/ijsp.2018.65909>. [Persian]
3. **2017** Tavakol, Mohamad; Farahani, Hadi. Sociological study of mental disorders: A Case Study in Arak. *Bioethics journal*, Winter, 2017: 7(26): 7-21. <https://doi.org/10.22037/bj.v7i26.21809>. [Persian]
4. **2017** Tavakol, Mohamad; Farahani, Hadi. Mentality discrepancy as an important factor in family problems: A study from the perspective of sociology of knowledge. *Journal of social problems of Iran*. Accepted: November 2017. [Persian].

### Conference

1. **2021** Farahani, Hadi. A Systematic Review of the Protective and Risk Factors Influencing the Mental Health of Forced Migrants: Implications for Sustainable Intercultural Mental Health Practice, International Social Work day Conference, School of Social Sciences and Humanities, Doha Institute for Graduate Studies, Doha, Qatar.
2. **2021** Farahani, H.; Nekouei, M.L.M., Elyasi, L.G.; Tavakol, M. Lived experiences of stateless Afghan refugees in Iran: Narratives of resilience and trauma growth, "Crossing Borders, Connecting Cultures 18<sup>th</sup> IMISCOE Annual Conference", University of Luxemburg, Luxemburg.
3. **2018** Farahani, Hadi; Forouzandeh, Vahid. Investigating the Relationship between Anomie and Traffic Issues (Case of Study: Arak), International Conference on Society and Environment, University of Tehran.